

WAFAA OSAMA MOHAMED ATTA SOLIMAN

Health Assistant – Nursing

Date of Birth : 12 January 2001

Nationality : Egyptian

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PROFESSIONAL SUMMARY

Dedicated and compassionate Health Assistant with a diploma in General Nursing and practical clinical experience in cardiac and gastrointestinal care. Skilled in patient monitoring, assisting physicians, and providing high-quality patient care in specialized medical centers. Certified in Basic Life Support (BLS) and professionally classified by the Saudi Commission for Health Specialties with DataFlow verification. Committed to maintaining patient safety, infection control, and teamwork within clinical environments.

EDUCATION

- Technical Health Institute.
- General Nursing.
- Graduation Year: 2021.

WORK EXPERIENCE

Health Assistant – Nursing Specialized Center for Cardiology and Gastroenterology Damietta, Egypt | November 2022 – Present.

Cardiology Intensive Care Unit (CCU) | November 2022 – October 2023.

- Monitored critically ill cardiac patients and assisted in continuous patient observation.
- Measured and documented vital signs including blood pressure, heart rate, temperature, and oxygen saturation.
- Assisted physicians and nurses during emergency interventions and treatment procedures.
- Maintained strict infection control protocols and patient safety standards.
- Assisted in preparing medical equipment and supporting critical care procedures.

Internal Cardiology Department | November 2023 – October 2024.

- Assisted in patient assessment and routine nursing care.
- Prepared patients for medical examinations and diagnostic procedures.
- Monitored patient condition and reported clinical changes to medical staff.
- Maintained accurate patient documentation and medical records.
- Supported healthcare teams in delivering effective patient-centered care.

Cardiology Follow-up Clinic | November 2024 – July 2025.

- Assisted cardiologists in outpatient consultations and follow-up visits.
- Conducted patient vital signs assessments and basic health evaluations.
- Organized patient records and maintained clinical documentation.
- Provided patient education regarding medications and follow-up care plans.
- Ensured efficient patient flow and clinic coordination.

Cardiac Surgery Intensive Care Unit | August 2025 – Present.

- Assisted in caring for post-operative cardiac surgery patients in intensive care.
 - Monitored vital signs and recovery progress of surgical patients.
 - Assisted medical staff during procedures and emergency responses.
 - Maintained infection control procedures and sterile environments.
 - Supported patient recovery and coordinated with multidisciplinary healthcare teams.
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TRAINING & CERTIFICATIONS

- Basic Life Support (BLS) Nasser Institute Hospital – Egypt.
 - Professional Classification Saudi Commission for Health Specialties.
 - DataFlow Verification Saudi Commission for Health Specialties.
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SKILLS

- Patient Care and Monitoring.
 - Vital Signs Measurement and Documentation.
 - Cardiac Patient Care and Monitoring.
 - Infection Prevention and Control Procedures.
 - Emergency Response and Basic Life Support (BLS).
 - Patient Assessment and Clinical Observation.
 - Medical Documentation and Patient Records Management.
 - Assisting Physicians During Medical Procedures.
 - Intensive Care Unit (ICU) Patient Support.
 - Post-Operative Cardiac Surgery Care.
 - Outpatient Clinic Patient Support.
 - Medical Equipment Preparation and Handling.
 - Patient Safety and Quality Care Standards.
 - Teamwork and Communication with Healthcare Teams.
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LANGUAGES

- Arabic : Native.
- English : B1 Good at Speaking, Reading ,and writing.