

DR. AHZANA ABDA (MDS ORTHODONTICS, SCFHS LICENSED SPECIALIST-REGISTRAR)



Karayil veedu, Kanyakulangara,
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Skills Summary

Passionate dental professional with a master's degree in Orthodontics and Dentofacial Orthopedics. Skilled in a range of orthodontic treatments, including cleft and surgical orthodontics, MARPE, MSE, TADs, tooth extractions, and restorations. Known for excellent communication skills and fluency in English. Committed to providing exceptional patient care with a focus on sound clinical judgment.

Education

- Master of Dental Surgery (MDS): 2024 - Orthodontics and Dentofacial Orthopedics - Yenepoya Dental College – Mangalore, India
- Bachelor of Dental Surgery (BDS): 2019 - PMS Dental College – Trivandrum, India
- Higher Secondary Schooling: 2010 - International Indian School- Riyadh, Saudi Arabia

Experience

White Teeth Dental Clinic and Orthodontics Centre

Consultant Orthodontist / Dec 2024 - Till Date

Bright Smile Dental Clinic Branch 1, Trivandrum

Consultant Orthodontist / Nov 2024 - Till Date

Bright Smile Dental Clinic Branch 2, Trivandrum

Consultant Orthodontist / Nov 2024 - Till Date

Bright Smile Dental Clinic Branch 3, Trivandrum

Consultant Orthodontist / Nov 2024 - Till Date

DentCare Dental Lab Pvt. Ltd.-Muvattupuzha

Senior Aligner Specialist/ Nov 2024 - Till Date

Dentree Dental Clinic, Trivandrum

Consultant Orthodontist / Nov 2024 - Till Date

Empire Dental Clinic, Trivandrum

Consultant Orthodontist / Nov 2024 - Till Date

Dr. M's Dental Clinic, Trivandrum

Consultant Orthodontist / Nov 2024 - Till Date

Sarovar Multi-Specialty Dental Clinic-Trivandrum

Consultant Dental Surgeon/ Sep 2020 - Sep 2021

Bright Care Multi-Specialty Dental Clinic-Trivandrum

Consultant Dental Surgeon/ Aug 2019 - Aug 2020

ORTHODONTIC SKILLS

- Diagnosis & Treatment planning of Complex Malocclusions
- Fixed Orthodontic Treatment using Metal, Ceramic and Self-ligating brackets including DAMON SYSTEM
- Functional Jaw Orthopedics
- Removable Orthodontic Appliances
- Clear Aligners
- Cleft orthodontics
- Micro Implants
- MARPE, MSE
- Surgical Orthodontics

CERTIFICATIONS

- Basic Implantology Certification Course - Certified from International Team for Implantology by Nobel BioCare
- One Year Clear Correct Academic Course
- AHA Certified Basic Life Support Course and Advanced Cardiac Life Support Course

POSTER / PAPER / TABLE CLINIC PRESENTATION

- IZC and BSS Table Clinic -25th IOS Convention (April,2022) Mangalore
- Orthodontist your smile architect- Poster (56th IOS Conference 2022)
- Bone Screws- Boon to orthodontics-Case Reports- Paper (26th IOS Convention 2023) 2023 Lucknow
- Correction of maxillary hypoplasia in growing cleft lip and palate patients using various appliances - Case Reports - Paper (Cleft National Conference 2023) Bangalore

PROGRAMMES ATTENDED

- Hands on Workshop on Functional Jaw Orthopedics-Principles and Techniques Revisited on 8th March 2022
- Clinical Photography on 6th and 7th July 2022
- CDE on Practice management on 27th July 2022
- CDE-YENDOCON 2022 on The Bio ceramic Revolution on 21st July 2022
- Roadmap to Clinical Trials-Tips in Grant Writing on 9th August 2022
- CDE – NAM on 10th January 2023
- CDE – CLEFT ORTHODONTICS on 11th January 2023
- K loop on 01st February 2023
- CDE – Fixed functional appliances on 28th February 2023
- IGNITE-Orthodontic review on 28th April 2023 & 30th April 2023
- Moon Principle's on 02 May 2023
- Planning and execution of orthognathic surgery on 26th June 2023
- Clear Aligners in orthodontics on 25 May 2023
- My personal Experiences with different orthodontic appliances on 6th July 2023
- One Year Clear Correct Academic Course

PUBLICATIONS & ACCOMPLISHMENTS

- Abda A, Koya S, Maniyankod S, Fathima M, Palliyath MM, Shetty S. Influence of Gingival Display on Smile Esthetics Based on the Orthodontist, Dentist, and Layperson's Perspectives: A Systematic Review and Meta-analysis. *World J Dent* 2025; 16 (3):297-305
- Koya S, Abda A, Amin V, Shetty S. Yen Implant Map: A Novel Method to Record Orthodontic Temporary Anchorage Device Site. *Journal of Indian Orthodontic Society*. 2024;58(1):84-85. doi:10.1177/03015742231201492

- Amalgamation of Forsus spring module and MSE for distalization: A Novel Hybrid Approach accepted in Journal of Contemporary Orthodontics.
- Study on in vitro cytotoxicity and apoptotic effects of clear aligner materials: Tera Harz TC-85, PET-G, Polyurethane accepted in Journal of Contemporary Orthodontics.
- Comparative Analysis of Stress and Displacement in PDL and Dentition Using Single and Double Mini-Screw Configurations" has been received by the American Journal of Orthodontics & Dentofacial Orthopedics. (submitted and under review in American Journal of Orthodontics & Dentofacial Orthopedics)
- IBO Phase I and Phase II exam cleared

PERSONAL DETAILS

- Date of Birth: 12/06/1994
- Gender: Female
- Nationality: Indian
- Marital Status: Married

DECLARATION

I hereby declare that all details and information given are true to the best of my knowledge.