

Nasreen Khalid Assiri

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SUMMARY

As a fresh Doctor of Pharmacy graduate with training in clinical and community settings, including research at King Khalid University, dialysis care at Diaverum, and pharmacy practice at Asir Central Hospital, Nahdi Pharmacy, and Abha Psychiatric Hospital. I developed skills in medication management, patient care, and teamwork. I am seeking opportunities to apply my knowledge and support patient health.

EXPERIENCE

King Khalid University | College of Pharmacy | Saudi Arabia

Trainee | Research Rotation | November 2024 - December 2024.

- Participated in laboratory experiments, ensuring documentation and adherence to safety protocols.
- Contributed to the development of research presentations and publications for academic purposes.
- Assisted in conducting literature reviews and gathering data for ongoing research projects.
- Supported research teams in analyzing experimental results and preparing reports.

Diaverum Dialysis Clinic | Abh, Saudi Arabia

Trainee (Elective) | October 2024 - November 2024.

- Supported healthcare staff in preparing and maintaining dialysis equipment and supplies.
- Observed patient progress, ensuring proper care and treatment protocols were followed.
- Provided patient education on dialysis procedures, diet, and lifestyle adjustments.
- Assisted in monitoring and recording patient vital signs during dialysis sessions.

Asir Central Hospital | Saudi Arabia

Trainee | Inpatient Pharmacy | August 2024 - October 2024.

- Assisted in preparing and dispensing medications for hospitalized patients according to prescriptions.
- Monitored records to ensure correct medication administration and prevent adverse drug interactions.
- Participated in patient medication counseling and provided information on proper drug usage.
- Supported the pharmacy team in managing medication inventories and ensuring stock levels.

Trainee | Internal Medicine (Infectious Diseases) | January 2024 - February 2024.

- Assisted in diagnosing and managing patients with infectious diseases under physician supervision.
- Observed infection control practices and contributed to patient education on disease prevention.
- Collected patient histories and supported clinical examinations for accurate case assessment.
- Participated in ward rounds and discussed treatment plans with the medical team.

Nahdi Pharmacy | Community Pharmacy | Saudi Arabia Trainee

| April 2024 - May 2024.

- Provided customers with advice on medication usage, potential side effects, and health inquiries.
- Helped maintain patient profiles and supported pharmacists in medication therapy management.
- Assisted in dispensing prescription medications and over-the-counter products to customers.
- Supported inventory control by restocking shelves and monitoring stock levels.

Abha Psychiatric Hospital | Ambulatory Clinic | Saudi Arabia Trainee

| February 2024 - April 2024.

- Helped with patient education on mental health care and adherence to prescribed treatments.
- Supported the healthcare team in managing patient records and updating treatment plans.
- Assisted in conducting initial patient assessments and gathering medical histories.
- Observed patient interactions during therapy sessions and documented progress.

EDUCATION

King Khalid University | Pharmacy College | Abha, Saudi Arabia

Bachelor's Degree in Doctor of Pharmacy | 4.85 Out of 5.00 with First Class Honors | January 2025.

OTHER

- Certificates:** Saudi Pharmacist License Exam SPLE Certificate | SCFHS | December 2024. Total Parenteral Nutrition in Hospitalized Patients (TPN) Certificate | SCFHS | August 2024. Basic Life Support Certificate | Saudi Heart Association National CPR Committee BLS | February 2024. Clinical Skills Certificate for International Pharmacy | ASHP.
- Courses:** Compounding Sterile Preparation and Aseptic Techniques USP 797 Course (30 CME Hours) | February 2025.
- Participations:** Participant | International Conference on Complementary Medicine, Opportunities and Challenges.
- Volunteering:** Volunteer | Organizer | The Vaccination Center | Abha Field Hospital, Southern Region | 2021.
 - Volunteer | outpatient pharmacy | Prince Faisal Bin Khalid Center for cardiac Disease | 2025.

● **Achievements:**

- Ward Sitting: Taking a Medication History and Documentation, Checking Discrepancies, and Attending Morning Routine Rounds.
- Inpatient Practice: Checking Prescriptions, Preparing and Dispensing Medications to Wards.
- Outpatient Practice: Checking, Preparing Medications, and Counseling the Patient.
- Monitoring Patients, Their Medications, and Their Adverse or Side Effects.

● **Recommendations:**

- Recommendation | Dr. Geetha M. Pharm | Ph.D,Associate Professor | Department of Clinical Pharmacy | King Khalid University | Tel.0559208567 | glakshmi@kku.edu.sa.
- Recommendation | Omar Hany | B.Pharm | Pharm.D | BCIDP | CPHQ | Clinical Pharmacist | Clinical Preceptor | King Khalid University | oabdelmoaty@kku.edu.sa.
- Recommendation | Ph. Zakaria Yahya Otayn | Pharmaceutical Counseling | Clinic Supervisor | Aseer Central Hospital | Tel.0557815073 | Zotayn@moh.gov.sa.
- Recommendation | Ph/ Ali Eissa Qhtani | Director of Pharmacy | Director of Pharmacy | Abha Psychiatric Hospital | Tel.966553583336 | aqhtani@moh.gov.sa.

● **Skills:**

- Microsoft Office, Time Management, Communication Skills, Attention to Detail.

● **Languages:** Arabic, English