



SAHEL AHMOD

HOSPITAL CLEANING STAFF

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ABOUT ME

Dedicated and reliable hospital cleaning professional with 3 years of experience maintaining high standards of hygiene and safety in healthcare environments. Skilled in sanitizing patient rooms, disinfecting medical equipment, and ensuring infection control procedures are followed. Recognized for attention to detail, teamwork, and consistent support to medical and nursing staff to maintain a clean, safe, and welcoming hospital environment.

EDUCATION

Hazrat Shah Paran R.H High School | Sylhet

2017

High school diploma

LANGUAGES

Arabic

Hindi

Bangla

English

Urdu

REFERENCE

References available upon request

WORK EXPERIENCE

Yashfin General Medical Complex | JEDDAH

Feb 2022 - Nov 2024

Hospital Cleaning Staff

- Sweeps and mops floors to maintain cleanliness and safety standards
- Collects and disposes of trash and recyclables regularly
- Washes windows, walls, and surfaces to remove dirt and stains
- Maintains cleaning equipment and reports any malfunctions promptly
- Restocks cleaning supplies and ensures proper storage
- Ensures restrooms are sanitized, stocked, and hygienic at all times

SKILLS

Work Ethic

Waste Disposal

Teamwork

Reliability

Adaptability

Problem Solving

Chemical Handling

Restocking Supplies

Communication Skills

Sanitization Procedures

Cleaning Safety Protocols

Chemical Inventory Management

Handling of Hazardous Materials

Floor Cleaning

Respectfulness

Patience

Punctuality

Time Management

Physical Stamina

Upholstery Cleaning

Attention to Detail

Disinfection Techniques

Using Cleaning Equipment

Dusting and Surface Wiping

Eco-Friendly Cleaning Methods

Maintenance of Cleaning Equipment